



# Lifeline

1963 **50** 2013

A Mercy Hospital Publication  
SPRING 2013



## Mercy celebrates groundbreaking and 50th anniversary

Mercy Hospital will celebrate its past and its future at a special Groundbreaking and 50<sup>th</sup> Anniversary event for the community at 1 p.m. on Friday, May 31. The event will be held outside near the Emergency entrance.

“Fifty years ago, after much debate and discussion, the people of this area made a big decision to build a new hospital in a new location,” said Jason Douglas, Mercy CEO. “While not an easy one or one without certain risk, that decision regarding the future of health care took community commitment and vision. That decision continues to impact both the health and economy of our region today. It’s that same commitment and vision that continues to guide Mercy as we prepare to break ground on our new major building and renovation project.”

“Mercy has a strong history of responding and growing to meet community needs,” said

Kelly Goeb, M.D., Chair of Mercy’s Board of Directors. “This is a great opportunity to reflect on our history as we build for the future. Our new project is focused on meeting the health needs of the hospital district well into the future, enhancing patient care, safety and privacy while reflecting the personalized, high quality care already provided by Mercy’s dedicated staff.”

Mercy begins its next 50 years by breaking ground on a major building and renovation project which will feature a new, two-story addition, along with renovation of existing space.

The new facility will have 21 new private patient rooms and new labor and delivery suites, along with a new Emergency Department. Other departments, like radiology and lab, will be relocated to improve the flow of services and better ensure patient privacy and safety.

**GROUNDBREAKING CONTINUED ON PAGE 2**

**GROUNDBREAKING  
FROM PAGE 1**

**The new addition will feature:**

- Emergency Department with private treatment rooms
- Diagnostic Imaging, including inhouse MRI
- Laboratory Services
- Admissions
- Expanded Gift Shop
- 21 Private Patient Rooms, including 2 ICU rooms
- Birthing Suites and Nursery
- Meditation Room
- Pharmacy
- Comfortable Family Waiting Rooms
- Addition of third Surgery Suite and new pre- and post-op rooms

**Completion: Late 2014**

**Renovations of the existing hospital will include:**

- Chemotherapy & Infusion Services
- Physical, Occupational and Speech Therapy, including a new dedicated pediatric therapy area
- Sleep Studies Clinic
- Medical Records, Business Services and Administrative Offices
- Dining and Kitchen
- Material Management

**Completion: Summer 2015**

Architect for the project is BWBR; general contractor is The BOLDT Company. USDA Rural Development funding for the project comes in the form of a \$30 million direct loan and an \$8 million loan guarantee delivered through AgStar Rural Capital Network in collaboration with local banks and other financial institutions. Financing will cover construction and equipment costs, as well as the refinancing of some existing debt.

*Mercy Hospital is an equal opportunity provider and employer.*



**1960**  
Hospital District Board elected

**1964**  
25-bed nursing home addition opens

**1973**  
Intensive Coronary Care Unit opens

**1962**  
Groundbreaking for new hospital

**1963**

**1973**

**1961**  
Community votes to build new hospital



**1968**  
Addition increases hospital beds to 40; nursing home adds 28 beds

**Over 2000 Visitors Tour Thru New Mercy Hospital**



**1963**  
First baby born at Mercy on June 1 to Mrs. Dal Youngberg of Willow River.

**1968**  
Ambulance service begins with donated ambulance from Wes Hamlin

**1963**  
New 20-bed hospital opens

# 50 Years of Caring: One Person at a Time

**1977**

Addition increases nursing home beds to 94; expansion creates larger emergency room, new medical records department, doctors' lounge, nurses' lounge, new lab, and corridor connection to Gateway Family Health Clinic



**1993**

Outpatient addition and hospital remodeling completed

**1997**

Kenwood Place, senior housing with services, opens; Special Care Unit opens



**2007**

Mercy's nursing staff begins using Computers On Wheels (electronic medical record system) for patient care documentation

**2006**

Mercy expands Orthopedic Surgery services with addition of Dr. Mark Gregerson to its staff

**2013**

Groundbreaking on 2-story addition and remodeling project

**1983**

**1980**  
Designated local Trauma Hospital

**1986**

First hospital in Minnesota to become smoke-free facility

**1998**

Walters House, a residence for on-call staff and students, opens

**2003**

**2004**  
Mercy receives designation as a Critical Access Hospital

**2013**

**2010**  
Augustana Care Corporation acquires nursing home and Kenwood Place

**1983**

Facility name changes to Mercy Hospital and Health Care Center



**1999**

The Mercy Foundation is formed, board elected

**2001**

New surgical wing opens



**2012**

Mercy Wellness Center on Arrowhead Lane opens in March, closes in June due to flood, reopens in September



# THE MERCY FOUNDATION

## WELL WITHIN REACH

### The Mercy Foundation Campaign for OUR Hospital

You could say it started with a kiss—but that would be jumping into the middle of the story.

But this IS a love story, actually a coming together of love stories—and it has brought us to this place in our history: the history of Mercy Hospital, which we are celebrating this year and the history of Mercy's partner, The Mercy Foundation.

Flash back to the late 1990s, when Dianne Mandernach was at the helm of Mercy Hospital & Health Care Center. It had long been her dream to create a permanent fundraising arm for the hospital as a way to invite more community involvement and to secure an ongoing funding stream for furnishings, equipment and even staff training which could only be secured if the bottom line allowed or if a tax levy would be raised. Her dream was The Mercy Foundation, and she invited interested community members to come together and see if it could happen. Of course it was a good business decision, one pursued out of a genuine love for Mercy and a desire to see its future secured; to see it not just survive, but thrive beyond her tenure.

Enter Ernie & Janette Muller, whose long, amiable and productive marriage partnership is a love story in itself; but who also have a genuine belief in sharing that love in the form of time, energy, talent and treasure within the communities they have called home over their long lives. They settled in Moose Lake and turned their considerable love to our community. Their generosity has made many things possible for people they will never meet in many areas of our communal life. Luckily for us, they have actively supported



Mercy Hospital via key roles in The Mercy Foundation. They most recently showered us with their love in the form of a \$100,000 pledge to our new building fund campaign, to help us get started. They, too, want Mercy to thrive beyond their tenure.

Mercy Hospital is, in many ways, a lifeline to the district it serves. It is a place for

healing and hope, for challenge and victory, for hellos and good-byes. Life begins, changes and ends here for our community members 24/7, 365. Mercy is also a major employer in our area and as such, is a true economic lifeline. It employs nearly 300 people and their paychecks pump lots of business into our local economy. These employees are able to build lives here because Mercy offers them an opportunity to do what they love in a place that they love, for a living wage.

And if Mercy is the lifeline, The Mercy Foundation is the loveline. The Mercy Foundation gives each of us the opportunity to show how we care about the ways we can be cared for: with technical excellence, by caring individuals, in the place we choose to call home.

You've loved us over a million ways in the last 13 years. Will you consider loving us at least a million more over the next five? I would love to visit with you as individuals, families or groups to show you ways you can help us make our next 50 years a continuing love story, one that lasts beyond our tenures. Working together, that future is WELL WITHIN REACH.

With love,

**Cindy Timmons Carlson**

Executive Director, The Mercy Foundation

# Tributes & Memorials

The Mercy Foundation receives gifts from those who wish to honor the memory of their friends and family as well as those who wish to pay tribute to others or to celebrate happy occasions, great or small. Following is a list of tributes and memorials received by The Mercy Foundation from January 31, 2013 through May 16, 2013.

## TRIBUTE

**In honor of John & Dianne Mandernach, on their 40th wedding anniversary**  
Mr. & Mrs. Denny Arnold

## MEMORIALS

**In memory of Dale Gregory Anderson**  
Mr. Carl Anderson

**In memory of Walter Baakari**  
Mercy Hospital

**In memory of Joan Behning**  
Mercy Hospital

**In memory of Karen Bode**  
Mercy Hospital

**In memory of Raymond Buetow**  
Mercy Hospital

**In memory of Mary Jane Davis**  
Mr. & Mrs. Denny Arnold  
Mercy Hospital

**In memory of Marlene Douglas**  
Board, Admin Team & Staff of Mercy Hospital

**In memory of Lil Evenson**  
Mr. Kristopher Collier  
Mrs. Eleanor Steen

**In memory of Florian Gresczyk**  
Mrs. Arlene Gresczyk

**In memory of Hildegard Hansen**  
Mr. & Mrs. Maurice Coughlin  
Mercy Hospital

**In memory of Florine "Bunny" Hartman**  
Mr. & Mrs. Denny Arnold  
Bill Hayden Land Surveying  
Mr. & Mrs. Keith Carlson  
Ms. Mary Lou Colbert  
Mr. & Mrs. Maurice Coughlin  
Mr. & Mrs. Greg Gamst  
Mr. & Mrs. Tony Juscak  
Mrs. Norma R. Kirk  
Mr. & Mrs. Lance Korpela  
Mr. & Mrs. Jon Lampel  
Mr. Byron Kuster & Ms. Becky Lief-Kuster  
Mercy Hospital  
Mr. & Mrs. David Oachs  
Oakview Residential Care, Inc.  
Mr. & Mrs. Leonard Schmidt  
Mr. Charles E. Steadman  
Mrs. Eleanor Steen  
Ms. Lorraine Weihrauch

**In memory of Edward Johnson**  
Mercy Hospital

**In memory of Lillian Lampel**  
Mr. & Mrs. Jon Lampel

**In memory of Winston Mossberg**  
Mr. & Mrs. Denny Arnold

**In memory of Faye Nowak**  
Mercy Hospital

**In memory of Mr. & Mrs. Harvey Olson**  
Mr. & Mrs. Steven G. Olson

**In memory of Richard Prevost**  
Mercy Hospital

**In memory of Dorothy Price**  
Ms. Joyce M. Ehmke  
Mercy Hospital  
Mr. & Mrs. Charles Senko  
Ms. Margaret Stafford

**In memory of Louise Rose**  
Mercy Hospital

**In memory of William R. Timmons**  
Mrs. Marie L. Kajer

**In memory of Delores Von Feldt**  
Dr. & Mrs. Joseph Jamros

**In memory of Jeanette Witthuhn**  
Mercy Hospital

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

DELIVERY ADDRESS: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

I WISH TO MAKE THE FOLLOWING:

- GIFT
- PLEDGE
- I'D LIKE TO DISCUSS PAYMENT OPTIONS, please call me.

I'D LIKE MY GIFT TO BE LISTED AS

- ANNUAL CAMPAIGN \_\_\_\_\_
- WELL WITHIN REACH BUILDING FUND \_\_\_\_\_
- MEMORIAL \_\_\_\_\_
- TRIBUTE \_\_\_\_\_



**THE MERCY FOUNDATION**

710 South Kenwood Avenue • Moose Lake, MN 55767 • 218.485.5586 • FAX 218.485.5855

## NEW! ON-LINE GIVING AVAILABLE!

We are pleased to announce that The Mercy Foundation is able to accept your gifts via on-line donation. You may arrange one-time or periodic payments and they can be made via credit card or direct deposit from you bank account. Go to [www.mercymooselake.org](http://www.mercymooselake.org) and click "Make a Donation" or Mercy Foundation" and it'll get you there!

## Congratulations Mercy Hospital



Three years ago Augustana Care embarked on a new partnership with Mercy Hospital to improve elderly care. Today we celebrate with Mercy Hospital as it embarks on another new project to better serve people of all ages.

Over the past three years Augustana Care and Mercy Hospital have been collaborating to improve services for older clients. This collaboration has provided operating efficiencies, improved care outcomes and created a transitional short stay program that people truly appreciate. Mercy Hospital supported these efforts at Augustana Mercy Health Care Center through the provision of:



- Enhanced physical, occupational and speech therapy services
- Excellent dietary services using home cooked recipes
- A Registered Dietitian to address individual needs
- On site laboratory and radiology services
- Wound care nurses to address difficult skin conditions
- Local orthopedic and general surgery
- Education for health professionals and new nursing assistants
- Easily accessible on-site emergency department services
- Skilled maintenance and computer support
- Quality home care for those going back home

Today approximately 65% of new admissions return home and re-hospitalizations remain low compared to care center averages. Thank you to Mercy Hospital's staff and leadership for the importance placed on serving the elderly.

***All of us at Augustana Mercy Health Care Center wish Mercy Hospital great success in its building project!***

***Steve Mork***  
Administrator

# News Notes

## MERCY WELCOMES ONCOLOGIST TO OUTREACH CANCER CLINIC

In May, Dr. Jonathan Sande, M.D., board certified hematologist/oncologist, Essentia Health Cancer Center, resumed seeing patients on a weekly basis at Mercy Hospital's Outreach Cancer Clinic in the chemotherapy department. When Dr. Sande is not available, Courtney Senich, CNP, also of Essentia, will see patients in his absence.

"We are very pleased that our oncology patients can once again see Dr. Sande locally," said Jason Douglas, Mercy CEO. "Receiving quality care close to home is important because it helps make the treatment process easier for our patients."

Dr. Sande welcomes new referrals as well as follow-up appointments.

In addition to the Outreach Cancer Clinic, Mercy offers the following related services:

### Chemotherapy and Infusion Services

Mercy's chemotherapy and infusion services program offers personal, one-on-one care, something that is more difficult to provide at larger facilities. The nurses in this department are certified to deliver chemotherapy drugs as well as other drugs. The staff includes one oncology certified nurse and two chemotherapy certified nurses.

The chemotherapy staff has also received training from the MS Touch Prescribing Program to become an official infusion site for administration of Tysabri, a drug which is given to patients with multiple sclerosis. Other non-chemotherapy treatments include, but are not limited to, treatments for rheumatoid arthritis, Crohn's disease, anemia, infectious illness such as Lyme's disease, and others. Mercy's chemotherapy area offers a comfortable, private and quiet setting for patients to receive their treatments as well as specialized care by the nurses. Patients can listen to music, watch a movie or simply rest during their treatments. The staff encourages family members or friends to accompany patients whenever possible.

### Cancer, Coffee & Conversation - Cancer Support Group

For those living with any type of cancer and for their caregivers, Mercy's free Cancer Support Group meets from 6:30 to 8 p.m. on the second Tuesday of every month in Mercy's Community Room 1. The group offers a time to connect with others who are faced with the same challenges and emotions.

### Mary Bothwell Memorial Library

Funded by The Mercy Foundation, the Mary Bothwell Memorial Library is the dream of a team of volunteers who have come together to create a local resource for those whose lives have been changed by the diagnosis of cancer. The library is housed in the Chemotherapy Department.

## ASK MERCY PHYSICAL THERAPISTS

If you are recovering from illness, injury or surgery, Mercy's skilled therapists are ready to provide the individualized care you need to return to your home, work and sport activities.

Mercy's Rehab Department offers many specialty therapy services. If you feel you might benefit from therapy services, please give us a call—our rehab staff would be happy to talk with you about your concerns.

**The choice is yours.** The decision about where to receive therapy is yours. When you choose Mercy, your community hospital, for your therapy, you will receive high quality, personalized care in spacious, private treatment areas featuring specialized equipment. We also provide home care services.

### Additional Mercy Therapy Services: **Exercise Equipment for Outpatients**

Current outpatients have free use of exercise equipment located at Mercy Hospital, Monday-Friday, 8 a.m. to 4:30 p.m.

### **FREE Injury or Balance Screening**

Is a nagging strain or pain bothering you? Are you concerned about your balance and falling? Mercy Physical Therapists can help you answer these questions with a FREE Injury or Balance Screen available by appointment at Mercy Hospital Physical Therapy. Please call **218.485.5597** to schedule your appointment.

### **FREE One-Month Membership--Mercy Wellness Center**

To encourage our patients to continue exercising on their own, adults completing Physical or Occupational Therapy outpatient treatment for a physical ailment receive a free one-month membership to the Mercy Wellness Center.

### For More Information:

Call Mercy at **218.485.5597** for more information about our services.

### **WOMEN'S HEALTH FOCUS GROUP**

Women of all ages are invited to attend this free monthly group focused on women's health & fitness issues.

*All sessions are held at 6 p.m. at the Mercy Wellness Center.* Call **218.485.5597** for more information

#### Wednesday, June 5

*Yoga*

Speaker: Louise Kneeland

#### Wednesday, July 10

*Exercise*

Speaker:

Azur Coleman, Mercy Exercise Physiologist

## Caring for Your Community, One Person at a time

### **Urgent Care**

Monday-Friday: 5 p.m. to 9 p.m.  
Saturday-Sunday: 9 a.m. to 3 p.m.

### **Birthing Classes**

■ June 15; 9 a.m. to 2 p.m.  
 ■ July 9 & 11; 6:30 p.m. to 9 p.m.  
 ■ August 17; 9 a.m. to 2 p.m.  
 Call **218.485.5572** to register

### **Caring for Your Newborn**

■ July 16; 6:30 to 8:30 p.m.  
 ■ September 17; 6:30 to 8:30 p.m.  
 Call **218.485.5572** to register

### **Breastfeeding Education Class**

■ July 17; 6:30 to 8 p.m.  
 ■ October 16; 6:30 to 8 p.m.  
 Call **218.485.5572** to register

### **Diabetes Education Program**

#### **Moose Lake (Mercy):**

■ June 4 & 18; September 3; December 10; 2 to 5 p.m.  
 ■ July 2 & 16; September 3; December 10; 2 to 5 p.m.  
 Call **218.485.5836** to enroll.

#### **Hinckley (Gateway Clinic):**

Call **218.485.5836** to set up individualized sessions.

### **Diabetes Support Group**

Meets the second Monday of every month; 2:30 p.m.;  
Conference Room, Mercy Wellness Center.

### **Grief Support**

■ **Grief Support Group:** Meets the fourth Thursday of every month; 10-11:30 a.m. or 7-8:30 p.m.  
 ■ **Child Loss Grief Support Group:** Meets the first Thursday of each month; 7-8:30 p.m.

Call **218.485.4481** for more information.  
[www.mercyooselake.org](http://www.mercyooselake.org)

### **Community First Aid/CPR**

■ September 12; 6 to 10 p.m.  
 Call **218.485.5572** to register. Cost: \$50.

### **CPR for Health Care Providers**

■ June 13; 6 to 10 p.m.  
 Call **218.485.5572** to register. Cost: \$50.

### **Cancer Support Group**

For those with any type of cancer and their caregivers; meets the second Tuesday of every month; 6:30 p.m.; Community Room I. Call **218.485.5599**.

### **Cardiac Rehabilitation - Phase II**

This monitored outpatient program for heart patients is offered on a continuous basis. Call **218.485.5696**.

### **Pulmonary Rehabilitation Program**

An eight-week program of exercise, education, breathing retraining and nutritional counseling. Call **218.485.5677**.

### **LUNGS R US - A Better Breathers Club**

Meets third Wednesday of month; 2 p.m. Call **218.485.5677**.

### **Women's Health & Fitness at Every Age**

Focus Group meets first Wednesday of every month at 6 p.m. at the Mercy Wellness Center, 30 Arrowhead Lane. Call **218.485.5597**.

### **Exercise Classes at the Mercy Wellness Center**

Our wide array of classes are offered on a continuous basis unless otherwise noted. That means you can join a class any time there is an opening. You will purchase either individual sessions or a package of sessions, then sign up for specific session dates that work best for your schedule. Check our website for class descriptions and schedules. To register for an exercise class, call **218.485.5557**.

### **Alzheimer's Group for Family Caregivers**

Meets third Thursday of month; 10 a.m.; Hope Lutheran Church. Sponsored by Carlton County Public Health.