



Lifeline

A Mercy Hospital Publication
SPRING 2011



Mercy's experienced therapists offer physical, occupational and speech therapy services designed to meet the unique, individual needs of each patient.

Getting Back to Work, Play, Living

When you choose to receive your physical rehab care at Mercy, you will receive the high quality, personalized care you need, conveniently close to home.

personal needs of our patients, Mercy's rehab services include:

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Sports Medicine

SERVICES

Our experienced physical, occupational and speech therapists are ready to help you get back to your home, work and sport activities. Conditions treated and services provided by our therapists include:

Physical Therapy

- Work related injuries
- Post surgical rehabilitation
- Acute injury rehabilitation
- Sports related injuries/sports screenings

MERCY REHAB CONTINUED ON PAGE 2

Whether you are dealing with illness or injury, Mercy's physical rehabilitation services are ready to help you restore movement and function, both at home and at work.

Designed to meet the

Inside Lifeline

WE ARE MERCY

Mercy salutes its employees during National Hospital Week. **Page 3**

MIDSUMMER FESTIVAL

The Mercy Foundation will hold its annual golf tourney on June 24 and dinner/silent auction gala on June 25. **Page 4**

YOU HAVE A CHOICE!

Augustana Mercy Transitional Care Center specializes in short-term rehabilitative care. **Page 6**

MERCY REHAB CONTINUED FROM PAGE I

Physical Therapy continued

- Home health
- Soft tissue injuries (sprains, strains)
- Neck/back pain
- Shoulder/arm pain
- Hip/leg/knee pain
- Ankle/foot disorders
- Stroke
- TMJ dysfunction
- Fibromyalgia
- Vertigo/dizziness
- Wound care
- Urinary incontinence training
- Fall prevention program and balance training
- Post injury functional assessment
- Post injury personal training program
- Arthritis, multiple sclerosis, Parkinson's and other chronic conditions
- Specialty Clinics in orthotics/prosthetics and pediatrics available

Occupational Therapy

- Home safety & accessibility assessments
- Work related injuries (repetitive stress injuries, such as carpal tunnel and tendonitis)
- Hand and arm injuries with a certified hand therapist
- Learning or developmental disabilities (pediatric)
- Arthritis, multiple sclerosis, Parkinson's and other chronic conditions
- Activities of daily living (dressing, self feeding, bathing)
- Cognitive retraining following a stroke or other brain injury
- Visual skills retraining
- Fall prevention program and balance training
- Sensory integration
- Lymphedema/venous edema therapy
- Energy conservation (COPD, cardiovascular disease)
- Ergonomic job site evaluation
- Post surgical rehabilitation
- Acute injury rehabilitation
- Home health
- Shoulder/arm pain
- Stroke
- Specialty Clinics in orthotics/prosthetics and pediatrics available



Mercy therapists work with patients of all ages.

Speech Therapy

- Speech/language disorders, children and adults
- Swallowing difficulty/dysphagia
- Modified barium swallow studies in conjunction with Diagnostic Imaging
- Cognitive aspects of communication
- Sensory awareness related to communication/swallowing
- Developmental delay
- Stroke
- Home health

HOURS

Therapy appointments are available from 6:30 a.m. to 5:30 p.m., Monday-Friday.

ADDITIONAL SERVICES

Fitness Center – open to the public. One-time, single and family memberships are available.

Orientation is held the first Monday of each month at 5 p.m. Hours: Monday-Friday, 6 a.m. to 9 p.m.; Saturday, 8 a.m. to 2 p.m.; Sunday, 1 p.m. to 5 p.m.

TO MAKE AN APPOINTMENT

Patients may choose where they get rehab services. If you need rehab therapy services, ask your doctor about receiving your care at Mercy, your community hospital.

Mercy staff also welcomes questions, so if you feel you might benefit from therapy services, please give us a call. Our rehab staff would be happy to talk with you about your concerns.

For more information or to make an appointment, call **218-485-5597**.

We Are Mercy

A hospital is more than a place where people go to heal, it is a part of the community that fosters health and represents hope. From providing treatment and comfort to the sick, to welcoming new life into the world, hospitals are central to a healthy and optimistic community.

In observance of National Hospital Week in May, we salute our employees for their continuing commitment to those in our care. Health care is an entity that grows and adapts to the needs of the community. Tomorrow may be unlike today, but our people—strong and capable and caring—will be a continuing source of confidence and pride. They are and always will be what makes Mercy a special place of healing.

On behalf of our entire hospital family, we thank community members for their ongoing support. When you choose Mercy, your community hospital, for your care, you ensure that needed medical services and jobs remain close to home.

CHILD PASSENGER SAFETY CLINICS

To make sure your safety restraint is protecting your child, take the time to brush up on how to properly secure your children in the correct safety restraint. Mercy Hospital will offer free Child Passenger Safety Clinics throughout the spring and summer in different locations.

Mercy staff specially trained and certified in Child Passenger Safety (CPS) will conduct the free Safety Clinics, making sure that the proper car seat or booster is being used based on the age, height and weight of the child and that the seat or booster is properly installed.

The free safety clinics will be offered:

- Monday, June 20; 4 to 6 p.m.; Little B's Daycare, Barnum
- Friday, August 19; 9 to 11 a.m.; Chris' Food Center, Sandstone
- Thursday, September 1; 3:30 to 5:30 p.m.; Open House/Back to School Event, Moose Lake Schools

No appointment is necessary and everyone is welcome.

For more information, please call **218-485-5521**.

DIABETIC SHOE CLINICS

The Diabetes Education Program at Mercy Hospital is sponsoring Shoe Clinics in June in Moose Lake and Hinckley.

The Shoe Clinics will be offered by appointment:

- Wednesday, June 1, 9:30 a.m. to 1 p.m., Community Room 1, Mercy Hospital
- Wednesday, June 8, 9:30 a.m. to 12:30 p.m., Gateway Clinic – Hinckley

Carie Harris, a Certified Pedorthist from Diabetic and Comfort Shoes in Duluth, will be available for fittings by appointment during those times. **If you are interested in a fitting, please call 218-625-2095 to make an appointment.** Please specify that you are interested in the Shoe Clinic sponsored by Mercy Hospital. A prescription from your physician is also necessary.

AFFILIATION TALKS CONTINUE

Mercy continues discussions with Essentia Health on a possible affiliation. The first phase of the due diligence process is nearing completion and has focused on a high level exchange of information and data covering broad topics.

The second phase of due diligence will begin to address some of the operational details that are the focus of many questions. The discussions in this phase will begin to define what this affiliation would look like and how it would work. When this second phase is completed, Mercy will be better able to address some of the specific operational questions being asked.

In response to questions and concerns, Mercy is planning to hold informational meetings in the future. These sessions will include information about health care reform and the possible affiliation with Essentia Health. The meetings will include a question and answer session. Dates for the meetings will be published once they are set. Please watch for more information.

H.O.T. HELPS STUDENTS EXPLORE HEALTH CAREERS

Students in grades 8-12 are invited to explore health care career opportunities at a special three-day program to be **held from 9 a.m. to 4 p.m., June 13-15 at Mercy Hospital in Moose Lake.** The program, called Health Occupations Today or H.O.T., is coordinated by the University of Minnesota's Northeast Minnesota Area Health Education Center (AHEC) located in Hibbing, MN.

H.O.T. is a fast-paced program that introduces middle and high school student to a variety of health careers. It will include hands-on learning, presentations, and tours.

Application deadline for the program is May 27. Cost of the program is \$75 and includes t-shirt, lunch, snacks and materials. To receive an application packet, contact Brittany Chopp at **218-312-3010** or bchopp1@range.fairview.org. or call Mercy at 218-485-5572 or 218-485-5618.



THE MERCY FOUNDATION

Save the Dates! Find a Date! Midsummer 2011 will be here soon!

It's not too early to plan for one of the highlights of the area's early summer season: The Mercy Foundation Midsummer Festival. The two-day fundraising event features an 18-hole golf tournament at the Moose Lake Golf Course on Friday and a gala and silent auction at Holy Angels Social Hall on Saturday. This year's Midsummer dates are Friday, June 24 and Saturday, June 25.

"These events are open to the public," said Foundation Director Cindy Carlson. "We do send invitations to current donors and sponsors as a courtesy, but we love to see new faces. And we do, every year. This would be a terrific year to see what it's all about. You can have great fun while doing much good!"

This year marks the tenth year of the Midsummer Festival. The golf tournament has been a sell-out for each of the nine years and Foundation Director Cindy Carlson anticipates the same will be true for the gala this year as well.

While the Midsummer Golf Tournament format stays largely the same from year to year ("It works wonderfully for our golfers and volunteers," says Carlson), this year's Midsummer Gala will offer new experiences for diners.

"We are happy to announce that we have contracted with Lou and Robin Paulson of Barnum to cater our event this year," said Carlson. "And, we are excited to say that we just made arrangements with *Paris 1928*, the band we hired for the first few years of our event, to provide dance music from 8-10 that evening. Mark's accordion and Francine's French singing and Tim's percussion add a continental flair to our evening. We are thrilled to be able to bring them back to mark our tenth anniversary."

Proceeds from this year's Midsummer Festival will be dedicated to Mercy's Ambulance and Emergency Departments, for the purchase of two expensive pieces of equipment.

Tickets sales will open in May. The Golf Tournament closes at 22 teams; seating for the gala is limited to 16 tables of 8. Mark your calendars—you won't want to miss this signature event!

Watch area newspapers for more details or call the Foundation office at **218-485-5586** or via e-mail at ccarlson@mercymooselake.org.

The Mercy Foundation Moose Run

The Mercy Foundation Moose Run is right around the corner. The 5K/10K run is scheduled for Saturday, May 7, 2011 with a 9:30 a.m. start. There is also a free Kids Run (for kids under 10) at 9 a.m. New this year is a "Chariot Division" for people who depend on wheels to get around. Here are the main details:

- Entry fee: \$15 before May 1; \$20 thereafter
- Race Day Registration **ends** at 8:45 a.m.; come early if you have not pre-registered
- Parents/guardians must sign for runners under age 18
- Race begins and ends in Moose Lake City Park
- Medals and prizes will be awarded
- Registration forms are available at Mercy's Main Lobby

The Mercy Foundation is the major sponsor of the event. Proceeds are awarded to local charities and non-profits. Byron Kuster and Becky Lief-Kuster are coordinating the event which is run by a team of avid volunteers. Contact them at **218-485-8511**. Trot on!

As it was last year, a **Bone Marrow Donor Drive** will be held during the event. Please consider registering to be a donor or sponsoring a donor. Call Rick Bothwell at **218-485-0389** if you have questions. Maybe YOU can "Be the Match!"

Memorials

The Mercy Foundation receives gifts from those who wish to honor the memory of their friends and family as well as those who wish to pay tribute to others or to celebrate happy occasions, great or small. Following is a list of memorials received by The Mercy Foundation from January 13, 2011, through April 20, 2011.

MEMORIALS

Remembering Colleen Ruhland on her birthday
Mr. & Mrs. John Mandernach

In memory of Clarence Anderson
The Family of Clarence Anderson

In memory of Clarence Anderson
Mr. & Mrs. Maurice Coughlin

In memory of Violet Anderson
Mercy Hospital

In memory of Earl Chase
Mercy Hospital

In memory of Florian Gresczyk
Ms. Arlene Gresczyk

In memory of Doris Head
Mercy Hospital

In memory of Walt Illikainen
Mercy Hospital

In memory of Gordy Johnson
Mr. & Mrs. Keith Carlson

In memory of Florence Lattu
Ms. Barb Ludvigsen

In memory of Warren Martinson
Mercy Hospital

In memory of Eleanor Prokosch
Mercy Hospital

In memory of LouAnn Trierweiler
Mercy Hospital

In memory of Helen Tuomi
Mercy Hospital

In memory of Norene Wasenius
Ms. Norma Kirk
Mr. Byron Kuster & Ms. Becky Lief-Kuster



COMPLETE, CLIP & SEND

NAME _____ PHONE _____

DELIVERY ADDRESS: _____

E-MAIL ADDRESS: _____

I WISH TO MAKE THE FOLLOWING:

- GIFT
- PLEDGE
- I'D LIKE TO DISCUSS PAYMENT OPTIONS, please call me.

I'D LIKE MY GIFT TO BE LISTED IN THE FORM OF A:

- MEMORIAL _____
- TRIBUTE _____



THE MERCY FOUNDATION

710 South Kenwood Avenue • Moose Lake, MN 55767 • 218.485.5586 • FAX 218.485.5855



The Augustana Mercy Transitional Care Center specializes in short-term rehabilitative care, providing 14 private suites for people recovering from surgery, stroke or other needs.

You Have a Choice!

After a hospitalization, you have a choice. Even if you have a surgery in Duluth or Minneapolis, you can choose Augustana Mercy for your recovery.

The Augustana Mercy Transitional Care Center specializes in short-term rehabilitative care for, people recovering from hip and knee surgeries or other orthopedic conditions; people who need cardiac or stroke rehabilitation; people recovering from surgery; and individuals needing other therapies.

We want you home again, too—that's why we call it transitional care.

Unlike other nursing homes, we have created a specialty area of 14 private suites. There you can get the rest, privacy and attention you need. Each suite provides a private bath and access to supportive amenities:

- On site outpatient and inpatient services.
- Flexible dining arrangements and a rehab dining room

- In-room cable TV and telephone
- An expanded therapy center with new equipment
- A rehab apartment to practice home skills
- Rehab therapists and nursing staff
- Easy access to Mercy Hospital
- Convenient parking for visitors.



Augustana Mercy Transitional Care Center offers an expanded therapy center with new equipment.

The Augustana Mercy Transitional Care Center has been getting excellent reviews from patients and their families. Call Linda Volkert at **218-351-9440** for more information, a tour or to reserve a private room for your upcoming short-term stay.

Thank You!

To everyone who contributed to Lights of Love, The Mercy Hospital and Augustana Mercy Auxiliary thanks you for your support.

IN MEMORY

PAT HARPER
BONNIE TILLMAN
MARY BOTHWELL
JENNIFER SCHATZ

LYLE KOECHER
EVY STABERG

ERV AND LORRAINE PRACHAR
FRANK AND ROSE MAGDZIARZ
FRANK D MAGDZIARZ
TERRY & JOANNE PRACHAR

TINA NELSON
NELSON FAMILY

FRANCES ERICKSON
JOW WOJTYSIAK
STEVE STURGELESKI
BARB MISIEWICZ
PAT CHMIELEWSKI
ROSE MAGDZIARZ
MARTHA ZUK
MARY STURGELESKI

WILLIAM BOTTILA
HELEN BOTTILA
KENNETH BOTTILA

BILL WESLEY
MAVIS WESLEY

GARY MAPES
EVA ECKMAN
HARRY ECKMAN
GRACE MAPES

TOM NEWBLOOM
KEN NELSON
ARCHIE JOHNSON
SELMA OVERLAND
GLADYS OVERLAND
MARCY MOSSBURG
ALICE FREEMAN
RALPH SCHJELDAHL
DOROTHY MALOTT
J.L. MALOTT
SUE JACOBI
JONETTE DAGGS
MYRTLE NYSTROM
HAROLD OVERLAND
ANN NELSON

RICHARD TSCHIDA
MERLYN & SILES SEVEREID
ALFRED SULLIVAN
ROBERT & ELLA MILLER
MICHAEL & MARY TSCHIDA
ENARD & MARGIE PAULSON
RALPH & GOLDIE HAMMITT
SHIRLEY TSCHIDA

BONNIE TILLMAN
ROBYN SPIESS
BARB ORTH

MARION STOJ
MARION STANDBY STOJ
JOIE STOJ
MARY STOJ

DICK DISTAD
DOLORES (DODE) HULTGREN
LIL DISTAD

STEPHEN & JILL ADAMCZAK
KATHRYN & JOSEPH KOSLOSKI
CHAS. & ROSE ADAMCZAK
BENA ADAMCZAK

DANNY RADZAK
PAUL & JOY RADZAK

MELISSA ROESER
DAVID WAECHTER
LOUIS & ANNETTE DAHLMEIER

IRENE DAVIS
ELMER DAVIS
CLARENCE GUSTAFSON
FRANCES GUSTAFSON
ROGER & SUSAN GUSTAFSON

DAVE KATCHMARK
BERNARD & LOTTIE WALCZAK
SHARON KATCHMARK

JOSEPH BALUT
EUGENE BALUT
DEAN BALUT
IRENE BALUT

HARVET HENNEN
ABBIE HENNEN
WILLIAM HENNEN
BARBARA PETERSON
VERNAL PETERSON
JANICE HENNEN

ERNEST JAMES
LOLA JAMES/BRUCE &
KATHY JAMES

ED TAKKUNEN
ELLEN TAKKUNEN
VIRGIL KUHLMAN
MELISSA ROESER
BOB & LINDA KUHLMAN

GOLDIE HAMMITT
GARY & ARDIS WILLIAMS
& FAMILY

TONY MIKROT
FLORIAN MIKROT
DENISE MIKROT

ELLA ROSS
DREWETT ROSS
JIM & SHARON BOCKLAND

HAROLD METSO
JOSEPHINE METSO

SUE ARNOLD
ROBYN SPEISS
DICK AND BETTE GASSERT
MAURICE & BETTY COUGHLIN

WILHO O PIIRAINEN
ELLEN LEPIOJA
JALMER LEPIOJA
ELSA PIIRAINEN

ART AND HILDUR RUDE
EVAN AND KAY RUDE
VIC AND LOTTI BEAN
TOM AND SUE BEAN
DAVID BEAN
DON & LORNA BEAN

MIKE HALBERG
CURT KARI
DICK OLSON
PAT HALBERG

GILBERT & EILEEN THIELING
GENE THIELING

BERNICE SMITH
PATRICIA & LEWIS RESSLER
MATTHEW MANLEY
JOAN & BOB MANLEY

MILLY PETERSON
KIM PETERSON-DOCMEL
RHONDA SKELTON

ELMER DAVIS
IRENE DAVIS
PEGGY & CLIFF THORSON
& FAMILY

FLORIAN GRESZCZYK
TONY CEGLA
LILLIAN CEGLA
ARLENE GRESZCZYK

CLARENCE & EMMA HARTMAN
GEORGE & MARY SPANIO
MR. & MRS. CLAYTON HARTMAN

FREDRICK LEWIS
GEORGE PINGEON
ARDELLA PINGEON

THOMAS A PETERSON
ALAN PETERSON
CHARLES DINGER
GRAYCE PETERSON

RONALD SCHIENBEIN
FLORENCE CARLSON
DORI SCHIENBEIN

RAMONA O'CONNELL
HAROLD PETERSON
MORRIS PETERSON
MAXINE KIMINSKI

RAY RING
HARRY WETHERILLE
PATRICIA RING

THORAL OACHS
BEATRICE OACHS
INGA KEPLER
JOSEPH C KEPLER JR.
BONNIE KEPLER

ENARD PAULSON
MARGIE PAULSON
RICHARD TSCHIDA
MERLYN SEVEREID
RENEE TSCHIDA

ESTHER HOVI BERG
ARCHIE ESKURI
ELEANOR ESKURI

ROY ALBERG
FERDI ALBERG
ROLAND ALBERG
ELSIE ALBERG
DONALD ALBERG
EVA ALBERG
GARY ALBERG
TURNOCK FAMILY
CAROLINE ALBERG & FAMILY

JIM MADSEN
STAN & IRMGARD MADSEN

HARRY MANIAK
GERTRUDE MANIAK

JOHN DERUNGS
JERRY DERUNGS
MARGIE QUICK
JEAN DERUNGS

WILLIAM BOTTILA
HELEN BOTTILA
KATHY NELSON

HOLLY KARKELA
JENNA KARKELA
LOU ANN CHRISTENSEN
MARY JO FENSTAD
KARKELA FAMILY

DEREK BENGSTON
DARRLE BENGSTON
SUE BENGSTON

ALVIN HORTON
ROBERTA HORTON
LEERAY & RENEE HORTON

JENNIE MICHALSON
RALPH SCHJELDAHL
GRACE SCHJELDAHL

DONALD MALTBY
HELEN MALTBY

MILLY PETERSON
KIM PETERSON
RON PETERSON & FAMILY

EDWARD OLSEN
JOAN OLSEN RIFFLE
HELEN OLSEN MURRAY
MARGARETTE OLSEN

CECELIA KEYPORT
THELMA NEWMAYER
TERRY COIL
TOM COIL
CECELIA COIL

BUD KIRK
MIKE MCDONALD
BECKY LIEF-KUSTER

VICTOR NELSON
OAKLEY JOHNSON
MARY NELSON

HARRY & EVE ECKMAN
CLAYTON & HELEN HARVEY
GARY MAPES
ETHEL HENDERSON
JIM & DONNA ECKMAN

SELMA HENDRICKSON
EARL JERNIGAN
MARIAN JERNIGAN

KENNETH LEGG WIENER
DALE GILLILAND
ELIZABETH & JOHN SUNDIN

JOE KIMINSKI
AUGUSTA KIMINSKI
RICHARD KIMINSKI
EARL R. JOHNSON
AMY E. JOHNSON
DALE S. JOHNSON
RAY & NAOMI KIMINSKI

SOPHIE KASPSZAK
HARRY KASPSZAK

ROBERTA ALLISON
TENA ALLISON
EDWARD HELFMAN
LILLIAN HELFMAN
AMY TAIPALE
TOM & MARY HELFMAN

DONALD GATES
MICHAEL FRANCISCO
TERRY & LAURIE FRANCISCO

KERMIT O CARLSON
CARI (CARLSON) TIAPALE
BERTHA & ERNIE PETERSON
IRENE A CARLSON

COLLEEN RUHLAND
MOY LANGHORST
MATT MILCZARK
MARY BOTHWELL
CHRIS VARGAS
DAVE WAECHTER
JESSICA HAYES
KAYLEE STEEG
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LAURA KIRK
ROSE WACH SCHAFER
BETTY BRINK
A.H.BUD KIRK
NORMA R. KIRK

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ROY CARLSON
RAMONA OCONNELL
RAY JACOBSON
ANN JACOBSON
ROBERT JACOBSON
SHIRLEY & GORDY JACOBSON

ANN MIX
MERLIN MIX &
THE LEKANDER FAMILY

ROBYN SPIESS
RUTH NASH
EMILY MILLS
DARLENE THOMPSON
KATHRYN HEAVIRLAND

JEFF PRACHAR
TONY & ANN KETCHMARK
HANK & LIL PRACHAR
MARY LOU KETCHMARK
FRAN ABRAHAMSON
MR. & MRS. RONALD PRACHAR

JOHN EDIN
BERNADINE EDIN

DECEASED SCHATZ FAMILIES
DECEASED REIS FAMILIES
BARBARA MISIEWICZ
CAROLINE & KARL SCHATZ

BARBARA MISIEWICZ
LILLIAN AMENT
FRANCES ERICKSON
JOSEPHINE & HENRY JUREK

ESTHER METSO
RUSSELL PAULSON
MILDRED PAULSON
RODNEY & MARIE PAULSON

SUE BERDICE
CARL & EIFFEL OHLIN
NANCY FORSE

WARNER WAGNER
MARY C. WAGNER

SHIRLEY VRD.JOLAK
BRANDON MOONEN
VI WARTAINEN
GAYLE MOONEN

BOB ENGSTROM
COLLEEN RUHLAND
ANNE SWANSON
JANETTE & ERNIE MULLER

RONALD MORK
BILL NORDIN
STEVE AND BARB MORK

MOISES LANGHORST
MATTHEW MILCZARK
ANTHONY MCJELVEEN
GEORGE & JUDY LANGHORST

GENE PINCE
DORIS PINCE

HENRY NOVAK
CHUCK NOVAK
LAVERNE STEEN

FRANCIS & ALICE ZWEBER
RALPH SCHJELDAHL
LLOYD WATSCHKE
DIANNE & TERRY PETERSON

EINAR LATTU
FLORENCE LATTU

CLIFFORD KWAPICK
HELEN GOOD
EMIL GOOD
LINDA SCHRUPP
MARCELLA KWAPICK

ED HALL
BILL & LOU HALL

FERNE HAMLOCK
THE BENZIE FAMILY

EDWARD & IDA GUZZO
JAN STRUCKMAN
ALAN & ROXE PETERSON

MAURICE THOMPSON
VAN THOMPSON
LORRAINE THOMPSON

JOE MICHALSKI
BEVERLY MICHALSKI

SIGFRED DAHLBERG
GRETA DAHLBERG
RAY & DONNA ARNOLD

GUST FREDRICKSON
KATHERINE FREDRICKSON

HELEN SIMPSON
CONNIE CARLSON
LORRAINE SONTAG
JOAN THOMPSON

EFFIE KLINISKI
EVA MARKUS
WILLOW RIVER
COMMUNITY CLUB

GEORGE TUOMI
WALTER DRANG
JERRY DERUNGS
LIL & ORV EVDENSEN

EARL BEHNING
JOAN BEHNING

EARL BEHNING
JOAN BEHNING

IN HONOR
KARL SCHATZ
DEANN SCHATZ
CAROLINE SCHATZ

GLENN AND VERA
PAT MISAKANIS

MR. & MRS. HARVEY OLSON
MR. & MRS. DEAN TEGLAND
STEVE & DIANE OLSON

SHIRLEY TSCHIDA
ADAM, JULIE, RAYNA, RIATA
KLEJESKI

RING FAMILY
PATRICIA C. RING

MILTON KIMINSKI
MAXINE KIMINSKI

ARDELLA PINGEON
YVONNE KORHONEN

RON PETERSON
RHONDA SKELTON

LEONARD PASEK
CLEMENA PASEK
JOSEPHINE METSO

ADMITTING CLERKS,
RECEPTIONISTS
& INFO CLERKS AT MERCY
ANONYMOUS

GEORGER TURNER
MARGARET TURNER
JACK TURNER
MARY STOJ

DARLENE MOSING
BARB ORTH

EARL "CHUCK" CHASE
ELEANOR CHASE

GRACE SCHJELDAHL
DIANNE & TERRY PETERSON

ALICE NOVAK
LAVERNE STEEN

WILLIAM BOTTILA
HELEN S. BOTTILA
JUDY & TERRY BODIE

Caring for Your Community, One Person at a time

Call 218-485-4481 for more information; www.mercymooselake.org

Urgent Care

Monday-Friday: 5 p.m. to 9 p.m.
Saturday-Sunday: 9 a.m. to 3 p.m.

Birthing Classes

■ June 18; 9 a.m. to 2 p.m.
■ July 12 & 14; 6:30 p.m. to 9 p.m.
■ August 20; 9 a.m. to 2 p.m.
Call 218-485-5572 to register

Caring for Your Newborn

■ May 17; 6:30 to 8:30 p.m.
■ July 19; 6:30 to 8:30 p.m.
Call 218-485-5572 to register

Feeding Your Baby

■ June 8; 6:30 to 8 p.m.
■ August 24; 6:30 to 8 p.m.
Call 218-485-5572 to register

Cardiac Rehabilitation - Phase II

This monitored outpatient program for heart patients is offered on a continuous basis. Call 218-485-5696.

Diabetes Education Program

Moose Lake (Mercy):

■ May 10 & 24; July 12; October 4; 2 to 5 p.m.
■ June 7 & 21; September 6; December 13; 2 to 5 p.m.
■ July 5 & 19; September 6; December 13; 2 to 5 p.m.
Call 218-485-5836 to set up individualized sessions.

Hinckley (Gateway Clinic):

Call 218-485-5836 to set up individualized sessions.

Diabetes Support Group

Meets the second Monday of every month; 2:30 p.m.;
Community Room I.

Grief Support

■ **Grief Support Group:** Meets the fourth Thursday of every month; 10-11:30 a.m. or 7-8:30 p.m.
■ **Child Loss Grief Support Group:** Meets the first Thursday of each month; 7-8:30 p.m.

Evening Digital Mammography Screenings

■ May 9 & 18
Call 218-485-5578 to make an appointment.

Breast Cancer Support Group

Meets quarterly, the second Tuesday in January, April, July & October; 6:30 p.m.; Community Room I. Call 218-485-5599.

Community First Aid/CPR

■ July 14; 6 to 10 p.m.; Cost \$50. Call 218-485-5572.

Pulmonary Rehabilitation Program

An eight-week program of exercise, education, breathing retraining and nutritional counseling. Call 218-485-5677.

LUNGS R US - A Better Breathers Club

Meets third Wednesday of month; 2 p.m. Call 218-485-5677.

Arthritis Exercise Program

FREE 8-week program; call for next session dates; Wednesdays; 1 p.m. Call 218-485-5696 to register.

Weight Management - Exercise Only!

Eight-week program; call for next session dates; Tuesdays & Thursdays; 4:45 p.m. Cost: \$75. Call 218-485-5696.

Personal Trainer Program

One-time or on-going sessions available. Call 218-485-5696.

BLS For Health Care Providers

■ June 14 & 16; 6 to 10 p.m.; Cost: \$50
Call 218-485-5572 to register

BLS & First Aid

■ August 2 & 4; 6 to 10 p.m.; Cost: \$60
Call 218-485-5572 to register

Alzheimer's Group for Family Caregivers

Meets third Thursday of month; 10 a.m.; Hope Lutheran Church.
Sponsored by Carlton County Public Health.